

# SAUCE NUTRITION GUIDE

Item	Serving Size	Cals (kcal)	Fat (g)	SatFat (g)	Cholesterol (mg)	Carb (g)	Fiber (g)	Sugar (g)	Protein (g)	Sodium (mg)
Roasted Tomato	1oz	33	0	0	0	6	2	4	1	327
Honey Soy	1oz	70	0	0	0	17	0	15	1	674
3G	1oz	60	0	0	0	15	0	12	1	530
Island Teriyaki	1oz	60	0	0	0	14	0	12	0	480
Roasted Garlic	1oz	50	0	0	0	12	0	8	1	370
Sweet N Sour	1oz	45	0	0	0	11	0	10	0	160
Mongo BBQ	1oz	60	0	0	0	15	0	12	0	230
Thai Peanut	1oz	100	7	1	0	7	0	6	1	310
Red Chili Garlic	1oz	45	1	0	0	9	0	8	0	650
Pan Asian	1oz	130	11	1	0	8	0	7	0	410
Dragon	1oz	70	0	0	0	16	0	14	0	310
Sesame Soy	1oz	90	7	1	0	6	0	4	1	420
Khan Pao	1oz	80	3	0	0	13	0	12	1	480
Khanzu	1oz	70	1.5	0	0	13	0.2	7	1	420
Asian Chili	1oz	10	0	0	0	1	1	1	.5	558
Ginger Water	1oz	20	0	0	0	4	0	0	0	0
Garlic Water	1oz	0	0	0	0	0	0	N/A	0	0

**Roasted Tomato:** Contains soybeans and wheat. Tomato puree, salt, sugar, extra virgin olive oil, spices, garlic powder, high fructose corn syrup, water, soy sauce, garlic, hoisin sauce, apple juice concentrate, tomato paste, modified food starch, peach juice concentrate, contains less than 2% of: salt, lemon juice concentrate vinegar, paprika, hydrolyzed soy protein, corn syrup, natural garlic flavor, sesame oil, spice, potassium sorbate, sodium benzoate and calcium disodium edta as preservatives, caramel color, disodium inosinate and disodium guanylate, propylene glycol alginate.

**Honey Soy:** Contains soybeans and wheat. High fructose corn syrup, sugar, water, soybeans, vinegar, wheat, white wine, honey, salt, pineapple juice concentrate, contains less than 2% of: modified food starch, sesame oil, spices, garlic powder, potassium sorbate as a preservative, natural rice flavor, yeast extra, caramel color, xanthan gum.

**3G:** Contains soybeans and wheat. High fructose corn syrup, water, sugar, soybeans, wheat, salt, vinegar, modified food starch, contains less than 2% of: peach concentrate, white wine, garlic, hydrolyzed soy protein, apple juice concentrate, pear juice concentrate, paprika, sesame oil, spices, yeast extract, disodium inosinate and disodium guanylate, lemon juice concentrate, garlic powder, potassium sorbate and sodium benzoate as preservatives, citric acid, sesame seed, caramel color, natural rice flavor.

**Island Teriyaki:** Contains soybeans and wheat. High fructose corn syrup, soy sauce, distilled vinegar, cider vinegar, sugar, pineapple juice concentrate, contains less than 2% of: modified food starch, salt, garlic, spice, onion, potassium sorbate and sodium benzoate as preservatives, citric acid, caramel color.

**Roasted Garlic:** Contains soybeans and wheat. High fructose corn syrup, water, soy sauce, garlic, hoisin sauce, apple juice concentrate, tomato paste, modified food starch, peach juice concentrate, contains less than 2% of: salt, lemon juice concentrate, vinegar, paprika, hydrolyzed soy protein, corn syrup, natural garlic flavor, sesame oil, spice, potassium sorbate, sodium benzoate and calcium disodium edta as preservatives, caramel color, disodium inosinate and disodium guanylate, propylene glycol alginate.

**Sweet N Sour:** This sauce is gluten friendly. Water, sugar, vinegar, pineapple juice concentrate, modified food starch, contains less than 2% of: salt, citric acid, oleoresin paprika, green bell pepper,\* red bell pepper,\* potassium sorbate. \*Dried

**Mongo BBQ:** This sauce is gluten friendly. High fructose corn syrup, water, vinegar, tomato paste, corn syrup, honey, molasses, modified food starch, contains less than 2% of: salt, natural flavor, spices, vegetable oil, potassium sorbate and sodium benzoate as preservatives, paprika, garlic, onion, natural smoke flavor, propylene glycol alginate, caramel color, sugar, tamarind.

**Thai Peanut:** Contains soybeans and wheat. High fructose corn syrup, soy sauce, water, vegetable oil, sesame seed paste, molasses, rice vinegar, lime juice, contains less than 2% of: ginger, sesame oil, sesame seed, spices, artificial peanut flavor, citric acid, fermented wheat protein, yeast extract, maltodextrin, garlic,\* paprika, potassium sorbate and sodium benzoate as preservatives, xanthan gum, natural flavor, extractives of paprika. \*Dehydrated.

**Red Chili Garlic:** Contains soybeans and wheat. Water, aged cayenne pepper, sugar, garlic, salt, vegetable oil, honey, vinegar, contains less than 2% of: spices, red bell pepper, soybeans, wheat, chili de arbol pepper, garlic powder, xanthan gum, potassium sorbate, sodium benzoate and calcium disodium edta as preservatives, chives,\* sodium alginate, sodium metabisulfite. \*Dried

**Pan Asian:** Contains soybeans and wheat. High fructose corn syrup, vegetable oil, distilled vinegar, sesame oil, rice vinegar, water, salt, sugar, contains less than 2% of: soybeans, wheat, natural flavor, orange juice concentrate, lemon juice concentrate, spice, sesame seeds, xanthan gum, garlic, carrageenan, onion, ginger, paprika, calcium disodium edta to protect flavor, caramel color.

**Dragon:** Contains soybeans and wheat. High fructose corn syrup, vinegar, sugar, red bell pepper, garlic, salt, aged cayenne pepper, soy sauce, contains less than 2% of: modified food starch, vegetable oil, chili pepper, dehydrated garlic, dehydrated red bell pepper, plum, rice vinegar, garlic powder, sodium benzoate as a preservative, xanthan gum, paprika.

**Sesame Soy:** Contains soybeans and wheat. Water, vegetable oil, sugar, soy sauce, sesame seed paste, sriracha chili sauce, vinegar, lime juice, balsamic vinegar, aged cayenne pepper, contains less than 2% of: sesame oil, spices, red bell pepper, salt, hydrolyzed soy protein, sesame seeds, garlic, ginger, chili de arbol pepper, caramel color, garlic,\* potassium sorbate and sodium benzoate as preservatives, paprika, xanthan gum, artificial peanut flavor, sodium metabisulfate \*Dehydrated.

**Khan Pao:** Contains soybeans and wheat. High fructose corn syrup, water, sugar, brown sugar, distilled vinegar, wheat, rice vinegar, soybeans, vegetable oil, sesame oil, salt, contains less than 2% of: ginger, modified food starch, spice, garlic, xanthan gum, propylene glycol alginate, paprika, potassium sorbate and calcium disodium edta as preservatives, caramel color, onion, dextrose, citric acid.

**Khanzu:** Contains soybeans and wheat. High fructose corn syrup, water, mirin cooking wine, corn syrup, vinegar, maltodextrin, soybeans, wheat, salt, orange juice concentrate, sesame oil, rice vinegar, contains less than 2% of: spices, pineapple juice concentrate, vegetable oil, modified food starch, sesame seeds, aged cayenne pepper, red bell pepper, chili de arbol pepper, onion,\* kojij aji, sugar, potassium sorbate, xanthan gum, carrageenan, natural flavor, citric acid, sodium metabisulfite. \*Dehydrated

**Asian Chili:** Chili, salt, distilled vinegar, potassium sorbate and sodium bisulfate as preservatives, xanthan gum

**Ginger Water:** This sauce is gluten friendly. Ginger, water, contains less than 1% of: phosphoric acid, sodium benzoate and potassium sorbate.

**Garlic Water:** This sauce is gluten friendly. Garlic, water, phosphoric acid, sodium benzoate and potassium sorbate as preservatives. Contains naturally occurring sulfites.